

Question

You arrive first on the scene of an accident. What is the absolute first thing that you do?

Answer

Survey the scene. If the person fell down a rock slide, make sure you don't make the same mistake trying to get to them. Try to discover if a danger is still present and how you are going to avoid it if necessary.

Question

True or False? Rubbing butter, margarine or other oil on a burn will help.

Answer

False. In fact, rubbing these on may make the burn worse since they will trap the heat in. For 1st degree burns and some 2nd degree burns, run under cold water.

Question

**What one treatment should
always be done regardless
of the type of injury?**

Answer

Treat for shock.

Question

How do you treat for shock?

Answer

Lay the person down, raise their head
and cover them up.

Question

Which of these is most medically trained?

- a) EMT
- b) Paramedic
- c) First Responder
- d) Firefighter

Answer

Paramedic

Question

How should a bee stinger be removed?

Answer

Scrape it off.

Question

How should a fish hook be removed?

Answer

Push it the rest of the way through until you see the tip. Snip the tip off and then back the rest of the hook out.

Question

**If you lose a tooth what
should the tooth be placed
in?**

Answer

Milk.

Question

**Which is worse, heat
exhaustion or heat stroke?**

Answer

Heat Stroke.

Question

What is the treatment for a nosebleed?

Answer

Pinch the pressure point in the nose
and lean forward.

Question

How do you perform the Heimlich maneuver on a person who is too large to wrap your arms around?

Answer

Lean them back against the wall or lay them on the ground. Stand in front of them or over them and perform the thrusts.

Question

**Name three of the five signs
of a heart attack.**

Answer

- 1) Uncomfortable pressure
- 2) Nausea
- 3) Sweating
- 4) Shortness of breath
- 5) Weakness or fatigue

Question

**Name four things that
should go in a personal first
aid kit.**

Answer

adhesive bandages
small roll of adhesive tape
small bar of soap
small pair of scissors
small pencil
goggles

3x3 gauze pads
strip of moleskin
alcohol wipes
pad of paper
pair of rubber gloves
breathing barrier

Question

**Describe how to make a
stretcher using a blanket
and poles.**

Answer

Lay the blanket out on the ground.
Lay the two poles on the blanket
about two feet apart. Wrap the
blanket ends over the poles such that
the victim lies on top of them, holding
them in place.

Question

Demonstrate one way to transport an unconscious person by yourself.

Answer

A single person method like the shirt drag, foot drag or arm pull must be demonstrated.

Question

Name two of the four hurry cases.

Answer

Stopped Breathing
Serious Bleeding
Internal Poisoning
Heart Attack

Question

**What is the primary
treatment for serious
bleeding?**

Answer

Direct pressure.

Question

What are splints used for?

Answer

To keep a broken bone from moving.

Question

What is the danger in moving someone who has a neck or back injury?

Answer

You could injure the spinal cord and paralyze them.

Question

Which is worse: first degree, second degree or third degree burns? What does it look like?

Answer

Third degree. The skin will be black and charred or missing completely.