

Shock

Have person lie down

Shock

Raise feet 10 to 12 inches.

If he is having trouble breathing
raise his head.

Shock

Never leave him alone.

Shock

Talk to him to assure him that everything will be okay.

Object in the Eye

Have the person blink.

Object in the Eye

Pull the upper lid down over the lower one.

Object in the Eye

Place your thumb on the skin just below the lid and pull it down gently.

Object in the Eye

Lift the object out with the corner
of a sterile gauze pad.

Object in the Eye

Cover both eyes with a gauze pad
and get the patient under medical
care.

Bite of Animal

Call police to come pick up the
animal.

Bite of Animal

Scrub the bite with plenty of soap
and water.

Bite of Animal

Cover the wound with a sterile bandage and get the victim to a doctor.

Nail and Splinter

Take out any foreign matter.

Nail and Splinter

Squeeze gently around the
wound.

Nail and Splinter

Wash gently with soap and water.

Nail and Splinter

Apply sterile bandage.

Fishhook

Cut the line and allow a doctor to
remove the fishhook.

Fishhook

Push the barb out through the
skin.

Fishhook

Snip off the barb with a pair of
pliers.

Fishhook

Back the fishhook out of the
wound.

Second Degree Burn

Do not break the blisters.

Second Degree Burn

Place the injury in cool water
until the pain lessens.

Second Degree Burn

Apply a moist dressing.

Second Degree Burn

Bandage loosely.

Second Degree Burn

Do not apply creams, ointments
or sprays.

Heat Exhaustion

Symptom: Pale skin.

Heat Exhaustion

Symptom: Shallow breathing.

Heat Exhaustion

Symptom: Nausea.

Heat Exhaustion

Symptom: Dilated pupils,
headache and dizziness.

Heat Exhaustion

Move patient to a cool shady
spot.

Heat Exhaustion

Place him on his back and raise his feet.

Heat Exhaustion

Fan him and apply cool wet cloths. Give him sips of water.

Poisonous Plants

Poison ivy has three leaves.

Poisonous Plants

Poison oak has three leaves.

Poisonous Plants

Poison sumac has white berries.

Poisonous Plants

Do not scrub.

Poisonous Plants

Rinse with water immediately.

Poisonous Plants

Use Calamine lotion to relieve
itching.

Poisonous Plants

Remove lingering sap by
laundering clothing.

