

















Home First-Aid Kit Contents

Two 2-inch roller bandages Two 1-inch roller bandages	
Roll of 1-inch adhesive tape	
12 3-by-3-inch sterile pads	
Large box of assorted adhesive bandages	
Six elastic bandages, 3-6 inches wide	
Four 40-inch triangular bandages	
Thermometer	
Antiseptic (wipes or spray)	
Breathing barrier	

Scissors	
Tweezers	
Safety pins	
Two thin board splints, 30 inches long (1" x 2" lumber works great)	
One box of alcohol wipes	
Calamine lotion	
Two pairs of disposable gloves	
Eye goggles	